



## Readiness Assessment for Coverage of the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

### Coverage Readiness Assessment- Part 1

Does the following statement apply to you?

**...My organization has interest in covering the National DPP lifestyle change program, but needs to strengthen or better understand the business case prior to making the decision to cover.**

If so, please answer each of the following:

At my organization...	Yes	In Process	Not Yet
We understand the parameters of the National DPP lifestyle change program (the duration and frequency requirements of the program, eligibility requirements, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the evidence associated with the National DPP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the potential benefits of the program for our eligible population (disease risk reduction, lower absenteeism, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know which decision makers within our organization will need to sign-off on a coverage decision, and we already have meetings scheduled with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand, in general, the cost and value (ROI) of offering the program including cost-avoidance, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand who our target audience is for this program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are: in-person, online, distance learning, and combination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have identified a "champion"/"advocate" to move this work forward.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have a point person/people assigned to help develop this benefit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with the State Health Department and/or other local resources that can help us with this work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Coverage Readiness Assessment for the National DPP

## Scoring:

For the above statements, each “Yes” answer receives 2 points, each “In Process” answer receives 1 point, and each “No” answer receives 0 points. Add up all your points to get your total score and enter it in the box below.

### Total Score

### Scoring Results:

- 0–4 points: The organization is early in the *Information Gathering* phase.
- 5–14 points: The organization is well into in the *Information Gathering* phase but still needs to continue to obtain more information.
- 15–18 points: The organization has done much of their initial *Information Gathering* and is prepared to move to the *Planning the Benefit* phase while finishing gathering the information needed.

### Suggested Next Steps:

#### If you scored 0–4 points:

- Consider using the [National DPP section](#) of the Coverage Toolkit and learn about the National DPP lifestyle change program’s structure and requirements.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit and the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-2).
- Consider using the other statements on page 1 of this Readiness Assessment as additional action steps for your organization.

#### If you scored 5–14 points:

- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Information Gathering* phase and help you finish identifying any additional information you need to make decisions as you move forward in the process.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 1-2.
- Consider using the remaining statements on page 1 of this Readiness Assessment as additional action steps for your organization.

#### If you scored 15–18 points:

- Consider using the [Reimbursement for Commercial Payers](#) section of the Coverage Toolkit to help inform your thinking about the *Planning the Benefit* phase.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 1-3.
- Look at Part 2 of the Readiness Assessment below (pages 3-4) to learn more about what to expect in the *Planning the Benefit* phase.

# Coverage Readiness Assessment for the National DPP

## Coverage Readiness Assessment- Part 2

Does the following statement apply to you?

**...My organization has committed to cover the National DPP lifestyle change program and is in the process of planning the coverage/benefit.**

If so, please answer each of the following:

At my organization...	Yes	In Process	No
We have explored and understand the program structure (Diabetes Prevention Recognition Program (DPRP) standards for CDC-recognized organizations, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are (in-person, online, distance learning, and combination) and have decided which one(s) we want to offer to meet our needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with CDC-recognized organization(s) and are discussing contracting options.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated how many individuals covered by our organization may be eligible for the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know how to locate and outreach to screen and identify our target population.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated the costs, both direct and indirect, of implementing the National DPP lifestyle change program for our members/employees and have a budget projection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision makers within the organization have agreed to move forward with implementing coverage of the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have discussed a payment structure and made decisions about billing/invoicing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed an implementation/roll-out plan and have earmarked an implementation "start" date.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have an engagement plan that includes how we will recruit and refer (may include physicians) eligible individuals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed a strategy for supporting enrollment and retention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Coverage Readiness Assessment for the National DPP

## Scoring:

For the above statements, score 2 points for each question answered with “Yes,” 1 point for each question answered with “In Process,” and 0 points for those answered with “No.”

### Total Score

### Scoring Results:

- 0–6 points: The organization is early in the *Planning the Benefit* phase.
- 7–14 points: The organization is well into the *Planning the Benefit* phase but still needs to continue to work through more components and make additional decisions.
- 15–18 points: The organization is finalizing the remaining details/timeline in the *Planning the Benefit* phase and is almost ready to begin the *Implementation/Roll-out* phase.

### Suggested Next Steps:

#### If you scored 0-6 points:

- Consider completing the questions in Part 1 of this Readiness Assessment (pages 1-2) to confirm whether the organization has completed the *Information Gathering* phase and is prepared to successfully move forward through the *Planning the Benefit* phase.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit and [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the other statements on page 3 of this Readiness Assessment as additional action steps.

#### If you scored 7-18 points:

- The organization is finalizing *Planning the Benefit* phase and nearing the *Implementation/Roll-out* phase.
- Consider using the [Case for Coverage](#) page of the Coverage Toolkit and [the Pathway to Coverage for Commercial Plans and Employers](#) document to help inform thinking around the process and resources that may help as roll-out is planned or occurs.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Planning the Benefit* phase and finish identifying any additional information you need to make decisions as you move forward.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-5).
- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the remaining statements on page 3 of this Readiness Assessment as action steps for your organization.