



Readiness Assessment for Coverage of the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

Coverage Readiness Assessment- Part 1

Does the following statement apply to you?

...My organization has interest in covering the National DPP lifestyle change program, but needs to strengthen or better understand the business case prior to making the decision to cover.

If so, please answer each of the following:

At my organization...	Yes	In Process	Not Yet
We understand the parameters of the National DPP lifestyle change program (the duration and frequency requirements of the program, eligibility requirements, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the evidence associated with the National DPP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the potential benefits of the program for our eligible population (disease risk reduction, lower absenteeism, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know which decision makers within our organization will need to sign-off on a coverage decision, and we already have meetings scheduled with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand, in general, the cost and value (ROI) of offering the program including cost-avoidance, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand who our target audience is for this program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are: in-person, online, distance learning, and combination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have identified a “champion”/“advocate” to move this work forward.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have a point person/people assigned to help develop this benefit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with the State Health Department and/or other local resources that can help us with this work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Coverage Readiness Assessment for the National DPP

Scoring:

For the above statements, each “Yes” answer receives 2 points, each “In Process” answer receives 1 point, and each “No” answer receives 0 points. Add up all your points to get your total score and enter it in the box below.

Total Score

Scoring Results:

- 0–4 points: The organization is early in the *Information Gathering* phase.
- 5–14 points: The organization is well into in the *Information Gathering* phase but still needs to continue to obtain more information.
- 15–18 points: The organization has done much of their initial *Information Gathering* and is prepared to move to the *Planning the Benefit* phase while finishing gathering the information needed.

Suggested Next Steps:

If you scored 0–4 points:

- Consider using the [National DPP section](#) of the Coverage Toolkit and learn about the National DPP lifestyle change program’s structure and requirements.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit and the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-2).
- Consider using the other statements on page 1 of this Readiness Assessment as additional action steps for your organization.

If you scored 5–14 points:

- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Information Gathering* phase and help you finish identifying any additional information you need to make decisions as you move forward in the process.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 1-2.
- Consider using the remaining statements on page 1 of this Readiness Assessment as additional action steps for your organization.

If you scored 15–18 points:

- Consider using the [Reimbursement for Commercial Payers](#) section of the Coverage Toolkit to help inform your thinking about the *Planning the Benefit* phase.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 1-3.
- Look at Part 2 of the Readiness Assessment below (pages 3-4) to learn more about what to expect in the *Planning the Benefit* phase.

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Coverage Readiness Assessment- Part 2

Does the following statement apply to you?

...My organization has committed to cover the National DPP lifestyle change program and is in the process of planning the coverage/benefit.

If so, please answer each of the following:

At my organization...	Yes	In Process	No
We have explored and understand the program structure (Diabetes Prevention Recognition Program (DPRP) standards for CDC-recognized organizations, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are (in-person, online, distance learning, and combination) and have decided which one(s) we want to offer to meet our needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with CDC-recognized organization(s) and are discussing contracting options.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated how many individuals covered by our organization may be eligible for the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know how to locate and outreach to screen and identify our target population.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated the costs, both direct and indirect, of implementing the National DPP lifestyle change program for our members/employees and have a budget projection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision makers within the organization have agreed to move forward with implementing coverage of the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have discussed a payment structure and made decisions about billing/invoicing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed an implementation/roll-out plan and have earmarked an implementation "start" date.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have an engagement plan that includes how we will recruit and refer (may include physicians) eligible individuals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed a strategy for supporting enrollment and retention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Scoring:

For the above statements, score 2 points for each question answered with “Yes,” 1 point for each question answered with “In Process,” and 0 points for those answered with “No.”

Total Score

Scoring Results:

- 0–6 points: The organization is early in the *Planning the Benefit* phase.
- 7–14 points: The organization is well into the *Planning the Benefit* phase but still needs to continue to work through more components and make additional decisions.
- 15–18 points: The organization is finalizing the remaining details/timeline in the *Planning the Benefit* phase and is almost ready to begin the *Implementation/Roll-out* phase.

Suggested Next Steps:

If you scored 0-6 points:

- Consider completing the questions in Part 1 of this Readiness Assessment (pages 1-2) to confirm whether the organization has completed the *Information Gathering* phase and is prepared to successfully move forward through the *Planning the Benefit* phase.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit and [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the other statements on page 3 of this Readiness Assessment as additional action steps.

If you scored 7-18 points:

- The organization is finalizing *Planning the Benefit* phase and nearing the *Implementation/Roll-out* phase.
- Consider using the [Case for Coverage](#) page of the Coverage Toolkit and [the Pathway to Coverage for Commercial Plans and Employers](#) document to help inform thinking around the process and resources that may help as roll-out is planned or occurs.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Planning the Benefit* phase and finish identifying any additional information you need to make decisions as you move forward.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-5).
- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the remaining statements on page 3 of this Readiness Assessment as action steps for your organization.