



## Coverage Readiness Assessment for the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

### Part 1- Coverage Readiness Assessment

*Does the following statement apply to you?*

**...My organization has interest in covering the National DPP lifestyle change program, but needs to strengthen or better understand the program and business case prior to making the decision to cover.**

If so, please answer each of the following:

At my organization...	Yes	In Process	Not Yet
We understand the parameters of the National DPP lifestyle change program (the duration and frequency requirements of the program, eligibility requirements, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the evidence associated with the National DPP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the potential benefits of the program for our eligible population (disease risk reduction, lower absenteeism, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know which decision makers within our organization will need to sign-off on a coverage decision, and we already have meetings scheduled with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand, in general, the cost and value (ROI) of offering the program including cost-avoidance, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand who our target audience is for this program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are: in-person, online, distance learning, and combination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have presented the program to our HR and/or C-Suite.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have a point person/people assigned to help develop this benefit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with the State Health Department and/or other local resources that can help us with this work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Coverage Readiness Assessment for the National DPP

## Scoring:

For the above statements, each “Yes” answer receives 2 points, each “In Process” answer receives 1 point, and each “No” answer receives 0 points. Add up all your points to get your total score and enter it in the box below.

### Total Score

### Scoring Results:

- 0–4 points: The organization is early in information gathering about the program.
- 5–14 points: The organization is well into information gathering but still needs to continue to obtain more information.
- 15–18 points: The organization has done much of their initial information gathering and is prepared to begin planning the benefit.

### Suggested Next Steps:

#### If you scored 0–4 points: Use [coveragetoolkit.org](http://coveragetoolkit.org) to obtain more information about the program

- Consider using the [National DPP](#) section of the Coverage Toolkit and learn about the National DPP lifestyle change program’s parameter and requirements.
- Start with the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Specifically Steps #1-2).
- Consider using the [Case for Coverage for Commercial Payers](#) section of the Coverage Toolkit.
- Consider using the other statements on page 1 of this Readiness Assessment as additional action steps for your organization.

#### If you scored 5–14 points:

- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Information Gathering* phase and help you finish identifying any additional information you need to make decisions as you move forward in the process.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider using at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-3
- Consider using the remaining statements on page 1 of this Readiness Assessment as additional action steps for your organization.

#### If you scored 15–18 points:

- Consider using the [Reimbursement for Commercial Payers](#) section of the Coverage Toolkit to help inform your thinking about planning the benefit
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-4)
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-3.
- Look at Part 2 of the *Readiness Assessment* to learn more about what to expect while planning the benefit.