



Readiness Assessment for Coverage of the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

Coverage Readiness Assessment- Part 2

Does the following statement apply to you?

...My organization has committed to cover the National DPP lifestyle change program and is in the process of planning the coverage/benefit.

If so, please answer each of the following:

At my organization...	Yes	In Process	No
We have explored and understand the program structure (Diabetes Prevention Recognition Program (DPRP) standards for CDC-recognized organizations, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are (in-person, online, distance learning, and combination) and have decided which one(s) we want to offer to meet our needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with CDC-recognized organization(s) and are discussing contracting options.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated how many individuals covered by our organization may be eligible for the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know how to locate and outreach to screen and identify our target population.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated the costs, both direct and indirect, of implementing the National DPP lifestyle change program for our members/employees and have a budget projection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision makers within the organization have agreed to move forward with implementing coverage of the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have discussed a payment structure and made decisions about billing/invoicing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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We have developed an implementation/roll-out plan and have earmarked an implementation “start” date.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have an engagement plan that includes how we will recruit and refer (may include physicians) eligible individuals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed a strategy for supporting enrollment and retention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring:

For the above statements, score 2 points for each question answered with “Yes,” 1 point for each question answered with “In Process,” and 0 points for those answered with “No.”

Scoring Results:

Total Score	0–6 points:	The organization is early in the <i>Planning the Benefit</i> phase.
	7–14 points:	The organization is well into the <i>Planning the Benefit</i> phase but still needs to continue to work through more components and make additional decisions.
	15–18 points:	The organization is finalizing the remaining details/timeline in the <i>Planning the Benefit</i> phase and is almost ready to begin the <i>Implementation/Roll-out</i> phase.

Suggested Next Steps:

If you scored 0-6 points:

- Consider completing the questions in Part 1 of this Readiness Assessment (pages 1-2) to confirm whether the organization has completed the *Information Gathering* phase and is prepared to successfully move forward through the *Planning the Benefit* phase.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit and [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the other statements on page 3 of this Readiness Assessment as additional action steps.

If you scored 7-18 points:

- The organization is finalizing *Planning the Benefit* phase and nearing the *Implementation/Roll-out* phase.
- Consider using the [Case for Coverage](#) page of the Coverage Toolkit and [the Pathway to Coverage for Commercial Plans and Employers](#) document to help inform thinking around the process and resources that may help as roll-out is planned or occurs.
- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Planning the Benefit* phase and finish identifying any additional information you need to make decisions as you move forward.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-5).

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- Consider using the Commercial Payers [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the remaining statements on page 3 of this Readiness Assessment as action steps for your organization.