



Coverage Readiness Assessment for the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

Part 1- Coverage Readiness Assessment

Does the following statement apply to you?

...My organization has interest in covering the National DPP lifestyle change program, but needs to strengthen or better understand the program and business case prior to making the decision to cover.

If so, please answer each of the following:

At my organization...	Yes	In Process	Not Yet
We understand the parameters of the National DPP lifestyle change program (the duration and frequency requirements of the program, eligibility requirements, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the evidence associated with the National DPP.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand the potential benefits of the program for our eligible population (disease risk reduction, lower absenteeism, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We know which decision makers within our organization will need to sign-off on a coverage decision, and we already have meetings scheduled with them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand, in general, the cost and value (ROI) of offering the program including cost-avoidance, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand who our target audience is for this program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program delivery options are: in-person, online, distance learning, and combination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have presented the program to our HR and/or C-Suite.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have a point person/people assigned to help develop this benefit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with the State Health Department and/or other local resources that can help us with this work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Coverage Readiness Assessment for the National DPP

Scoring:

For the above statements, each “Yes” answer receives 2 points, each “In Process” answer receives 1 point, and each “No” answer receives 0 points. Add up all your points to get your total score and enter it in the box below.

Total Score

Scoring Results:

- 0–4 points: The organization is early in information gathering about the program.
- 5–14 points: The organization is well into information gathering but still needs to continue to obtain more information.
- 15–18 points: The organization has done much of their initial information gathering and is prepared to begin planning the benefit.

Suggested Next Steps:

If you scored 0–4 points: Use coveragetoolkit.org to obtain more information about the program

- Consider using the [National DPP](#) section of the Coverage Toolkit and learn about the National DPP lifestyle change program’s parameter and requirements.
- Start with the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Specifically Steps #1-2).
- Consider using the [Case for Coverage for Commercial Payers](#) section of the Coverage Toolkit.
- Consider using the other statements on page 1 of this Readiness Assessment as additional action steps for your organization.

If you scored 5–14 points:

- Consider using the [Commercial Payers](#) section of the Coverage Toolkit to help complete the *Information Gathering* phase and help you finish identifying any additional information you need to make decisions as you move forward in the process.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-3).
- Consider using at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-3
- Consider using the remaining statements on page 1 of this Readiness Assessment as additional action steps for your organization.

If you scored 15–18 points:

- Consider using the [Reimbursement Models for Commercial Payers](#) page of the Coverage Toolkit to help inform your thinking about planning the benefit.
- Consider using the [Step-by-Step Guide to Using the Coverage Toolkit for Commercial Health Plans & Self-Insured Employers](#) (Steps #1-4).
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-3.
- Look at Part 2 of the *Readiness Assessment* to learn more about what to expect while planning the benefit.