



## Readiness Assessment for Coverage of the National Diabetes Prevention Program (National DPP) Lifestyle Change Program

### Readiness Assessment- Part 2

*Does the following statement apply to you?*

**...My organization has the intent to cover the National DPP lifestyle change program (LCP) and is in the process of planning the coverage/benefit.**

If so, please answer each of the following:

At my organization...

	Yes	In Process	No
We have explored and understand the program structure (Diabetes Prevention Recognition Program (DPRP) standards for CDC-recognized organizations, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We understand what the National DPP lifestyle change program (LCP) delivery options are (in-person, online, distance learning, and combination) and have decided which one we want to offer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have connected with CDC-recognized organization(s) and are discussing contracting options.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated how many individuals covered by our organization may be eligible for the National DPP lifestyle change program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We've identified our target population and know how to locate and outreach to screen for eligibility and other factors and enroll.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have estimated the costs, both direct and indirect, of implementing the National DPP LCP for our members/employees and have a budget.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decision makers within the organization have agreed to move forward with implementing coverage of the National DPP LCP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have decided on a National DPP provider and discussed a payment structure and made decisions about billing/invoicing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
We have developed an implementation/roll-out plan and have earmarked an implementation "start" date.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Coverage Readiness Assessment for the National DPP

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We have an engagement/marketing plan that includes how we will recruit and refer (may include physicians) eligible individuals.

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We have developed a strategy for supporting enrollment and retention.

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## Scoring:

For the above statements, score 2 points for each question answered with “Yes,” 1 point for each question answered with “In Process,” and 0 points for those answered with “No.”

### Scoring Results (referencing the [Pathways to Coverage of the National DPP for Employers](#) resource)

Total Score	0–7 points:	The organization may still be early in <b>Phase II: Make the Business Case</b>
	8–16 points:	The organization is well into <b>Phase II: Make the Business Case</b> and needs to continue to work through more components and make additional decisions as well as review next steps <b>Phase III: Plan and Design the Benefit</b>
	17–22 points:	The organization is finalizing the remaining details/timeline in <b>Phase III: Plan and Design the Benefit</b> and <b>Phase IV: Implement and Roll Out your Benefit</b>

### Suggested Next Steps:

#### If you scored 0-16 points:

- Consider reviewing [Readiness Assessment- Part 1](#) to confirm whether the organization is prepared to successfully move beyond Phase I: Information Gathering of the National DPP.
- Review the [Cost and Value](#) page and the [Reimbursement Models for Commercial Payers](#) page of the Coverage Toolkit to help inform your thinking about planning the benefit.
- Look at **Phase II: Make the Business Case** and **Phase III: Plan and Design the Benefit** of the [Pathways to Coverage of the National DPP for Employers](#) document
- Consider looking at the [Case for Coverage](#) page of the Coverage Toolkit, specifically Stages 2-4.
- Review the [Participating Payers](#) page and [Coverage In Practice](#) pages of the Toolkit to learn from other commercial health plans, employers and brokers in the field that are covering.
- Utilize the [Commercial Budget Projection Template Instructions](#) and the [Budget Projection Template](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.
- Consider using the other statements on this **Readiness Assessment-Part 2** as action steps.

#### If you scored 17-22 points:

- Use the [Pathways to Coverage of the National DPP for Employers](#) document to help inform process and resources that may help as planning and roll out of the benefit occurs.
- Use the information and resources on the [Case for Coverage](#) page of the Coverage Toolkit, specifically stages 4-5
- Review the [Participating Payers](#) page and [Coverage In Practice](#) pages of the Toolkit to learn from other commercial health plans, employers and brokers in the field that are covering.
- Consider using the [Commercial Budget Projection Template Instructions](#) to create a customized budget projection to estimate the costs of providing the program to your members/employees.