

Pennsylvania Formative Interview Guide

The National Association of Chronic Disease Directors (NACDD) and Leavitt Partners provide technical assistance to states that are in the process of achieving Medicaid coverage for the National Diabetes Prevention Program (National DPP) lifestyle change program or that are in the process of implementing the National DPP lifestyle change program in Medicaid. Pennsylvania is one of the states receiving this technical assistance. This interview has several objectives. First, it is intended to help the Pennsylvania Department of Health and Department of Human Services, NACDD, and Leavitt Partners understand the current landscape of Pennsylvania's CDC-recognized organization's participation in offering the National DPP lifestyle change program to Medicaid, Medicare, and commercial health plan members. Second, to understand CDC-recognized organization's level of awareness and interest in enrolling as Medicaid providers. Third, these interviews are intended to inform questions for a survey that will be sent to all CDC-recognized organizations in Pennsylvania to understand their interest in offering the National DPP lifestyle change program to Medicaid beneficiaries.

General program information:

First, we have a few questions to help us understand your participation with the National DPP lifestyle change program.

1. What is your current CDC-recognition status?
2. Which delivery mode do you use to offer the National DPP lifestyle change program? (in-person, online, distance learning, combination)?
3. Which languages is your program available in?
4. How many sites do you operate? How many classes do you operate within those sites?

Medicaid benefit and enrollment information:

Now we have a set of questions related to offering the National DPP lifestyle change program to Pennsylvania Medicaid beneficiaries.

5. Do you currently serve Medicaid beneficiaries?

6. Do you currently contract with one of the Medical Assistance managed care plans?
 - a. Do you have plans to contract with more MCOs?

7. Are you aware that the National DPP lifestyle change program is a Medicaid benefit in PA managed care?
 - a. Was the announcement the first time you were aware of becoming a provider type, or did you know beforehand?

8. Could you describe your level of interest in enrolling in the Medical Assistance Program in order to provide the National DPP lifestyle change program beneficiaries covered under one of the Medical Assistance managed care plans (Gateway, UPMC, Aetna, Geisinger, etc.)?
 - a. If you are interested in enrolling in the Medical Assistance Program, could you describe what about enrolling is attractive to your organization?
 - b. If you are not interested in enrolling in the Medical Assistance Program, could you expand on why not or what might need to happen for you to consider enrolling?

9. If you were to decide to enroll in the Medical Assistance Program in order to provide the National DPP lifestyle change program to Medicaid beneficiaries covered under one of the Medical Assistance managed care plans, what assistance would be the most helpful to you?
 - a. For example:
 - i. Assistance with billing and coding
 - ii. Assistance with data and reporting
 - iii. Assistance recruiting and enrolling Medicaid beneficiaries into the program
 - iv. Other?

Medicare benefit and enrollment information:

Now we'll be moving onto some questions about the Medicare National DPP benefit or MDPP.

10. Are you an enrolled MDPP supplier with Medicare or in the process of applying?
 - a. If so, how has your experience been with the process of enrolling as an MDPP supplier? For example, how long did it take you and what sort of barriers did you face?
 - b. If not, why not and what are the barriers to enrolling in Medicare?

Commercial insurers and employers information:

Next, we'd like to gather some information on how you've been working with commercial insurers and employers to offer the National DPP lifestyle change program.

11. Do you participate with any commercial insurers to offer the program? If so, which ones?
 - a. If not, would you be interested in working with any commercial insurers? If so, which ones?

12. Do you participate with any employers to offer the program? If so, which ones?
 - a. If not, would you be interested in participating with any employers? If so, which ones?

Rate information:

And finally, we have a couple questions related to costs and the rates you charge per participant in the National DPP lifestyle change program.

13. Have you done any sort of cost analysis for your program?
 - a. If so, what process did you use in the analysis? What was the outcome? What rate do you need per participant to support your business?
 - b. If not, would you be interested in pursuing a cost analysis for your organization? Why or why not?

14. What else do you want to tell us? What else should we have asked but didn't?

15. What type of communication or information would be most helpful to have for enrolling in Medicaid?

Thank you for your time today. We appreciate you speaking with us about your engagement with the National DPP. Do you have any questions for us before we wrap up?