



# National Diabetes Prevention Program Coverage Toolkit

## Quarterly Bulletin:

### Real solutions from policy to payment

Welcome to the third quarterly National Diabetes Prevention Program (National DPP) Coverage Toolkit Bulletin of 2022. This bulletin is released every three months (in February, May, August, and November), and includes a synopsis of the new content that has been published on the National DPP [Coverage Toolkit](#) (the Toolkit) and key highlights that demonstrate the impact on its readership. Toolkit updates are developed in alignment with our partners' technical assistance needs, focusing on the information partners need to plan for, operationalize, and sustain payer coverage for the National DPP lifestyle change program.

Here is a summary of Toolkit content updates and analytics from the past quarter, May – July 2022.

### Updated Content and New Features

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#### Health Equity

A new suite of pages on [Health Equity and the National DPP](#) were added under the Sustainability tab. The purpose of these pages is to focus specifically on health equity in the context of the National DPP lifestyle change program, how promoting health equity can support the impact of the program, and how the program itself can be used as a tool and a model to address health-related social needs (HRSNs). The five sub-pages include:

- [Defining Health Equity](#)
- [Connecting SDOH and HRSNs to Prediabetes and Type 2 Diabetes](#)
- [The Connection Between the National DPP Lifestyle Change Program and Addressing HRSNs](#)
- [The Role of Medicaid in Addressing HRSNs](#)
- [Connecting the National DPP Lifestyle Change Program to State and National Health Equity Initiatives](#)

*Main menu bar Sustainability → Health Equity*

#### Umbrella Hub Arrangements

The [Umbrella Hub Arrangements](#) page has been expanded to include four subpages. The new pages provide additional details related to operationalization of a UHA, learnings from the Umbrella Hub Demonstration, and several new resources.

- [UHA Overview](#)
- [UHA Business Model](#)
- [UHA Reimbursement](#)
- [UHA Sustainability](#)

*Main menu bar Sustainability → Umbrella Hub Arrangements*

## Sustainability

The [Scaling and Sustainability](#) page was reordered to prioritize the Umbrella Hub Arrangements page.

*Main menu bar Sustainability*

## Participating Payers

The [Participating Payers](#) page was updated to reflect current knowledge of payer and employer coverage of the National DPP lifestyle change program. State Medicaid coverage details have been added for Utah, North Carolina, and Ohio. An additional coverage definition, state legislative decision, was also included.

*Main menu bar Participating Payers*

## Building Network Capacity

On the [Building Network Capacity](#) page, a link to CDC's United States Diabetes Surveillance System was added. The addition links to an interactive web application that compiles diabetes data and trends at national, state, and county levels. It also allows users to evaluate diabetes data in the context of social factors. The resource title, "Steps for Community-Based Organizations to Provide the National DPP" was also updated.

*Main menu bar Sustainability → Building Network Capacity*

## Cost & Value

On the [Cost & Value](#) page, two existing resources were updated to include new information: the [Medicaid Budget Projection Template Instructions](#) document and the [Commercial Budget Projection Template Instructions](#) document. These are instructions for the Budget Project Template which can be downloaded from the page itself.

*Main menu bar The National DPP → Cost & Value*

## Commercial Payers

On the [Coverage in Practice](#) page, details were added describing the American Journal of Managed Care (AJMC) podcast's discussion of organizations encouraging coverage of the National DPP lifestyle change program. These organizations included the Greater Philadelphia Business Coalition on Health (GPBCH) and the City of Wilmington in Delaware.

*Main menu bar Commercial Payers → Coverage in Practice*

## Medicaid Reimbursement

On the [Medicaid Reimbursement](#) page, the Reimbursement Models in Practice tab table and Summary Reimbursement table were updated to include Ohio and South Dakota.

*Main menu bar Medicaid → Reimbursement*

## Medicaid Coverage

Under the Medicaid Coverage tab, the [Attaining Coverage Through a Section 1115 Demonstration Waiver](#) page was updating to include details on North Carolina's Healthy Opportunities Pilot.

*Main menu bar Medicaid → Medicaid Coverage → 1115 Waivers*

## MDPP Implementation Resources

Under the Medicare tab, the [Medicare Diabetes Prevention Program \(MDPP\) Implementation Resources](#) page was updating to include an informational webinar and webinar summary on Scaling the MDPP with Populations of Focus. This webinar featured presentations from two MDPP suppliers about their experiences in obtaining referrals for African American and Asian American populations, as well as their efforts to provide community and culturally appropriate delivery of the MDPP.

*Main menu bar Medicare → MDPP Implementation Resources*

## Evidence

A new study on the National DPP lifestyle change program has been added to the [Evidence](#) page which details the 21-year follow-up from the National DPP clinical trial.

*Main menu bar The National DPP → Evidence*

## Curriculum

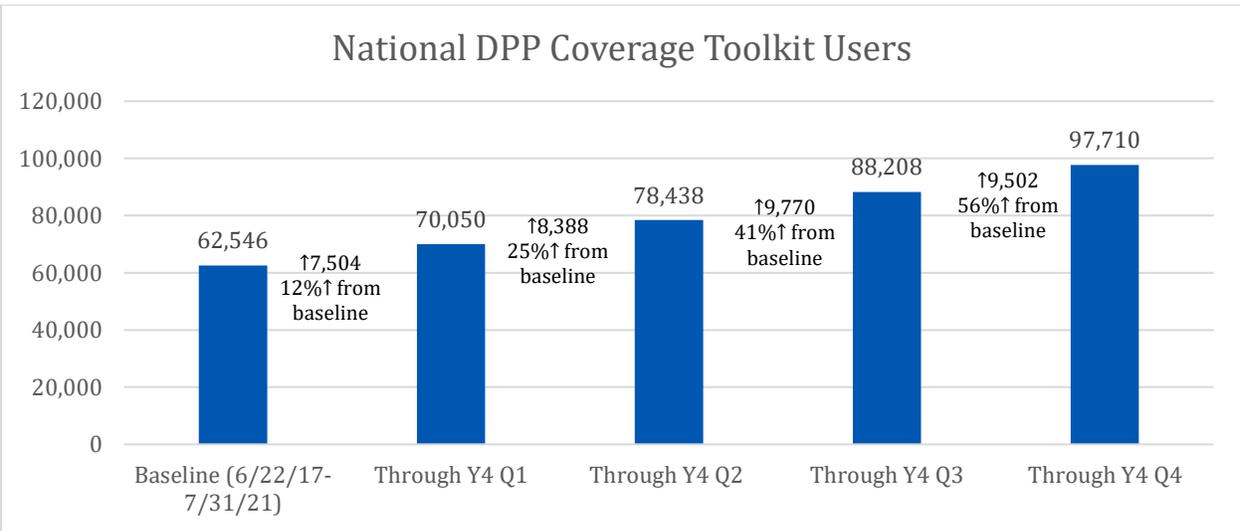
On the [Curriculum](#) page, an additional resource titled, “Alternate Curricula for the National DPP Lifestyle Change Program” developed by the National DPP Customer Service Center was added to the introduction.

*Main menu bar The National DPP → Curriculum*

## Coming Soon! Updates and New Resources in the Works

- We are currently working hard to determine updates to the National DPP Coverage Toolkit for the coming grant year. Is there something you would like to see this year? Let us know at [coveragetoolkit@chronicdisease.org](mailto:coveragetoolkit@chronicdisease.org).

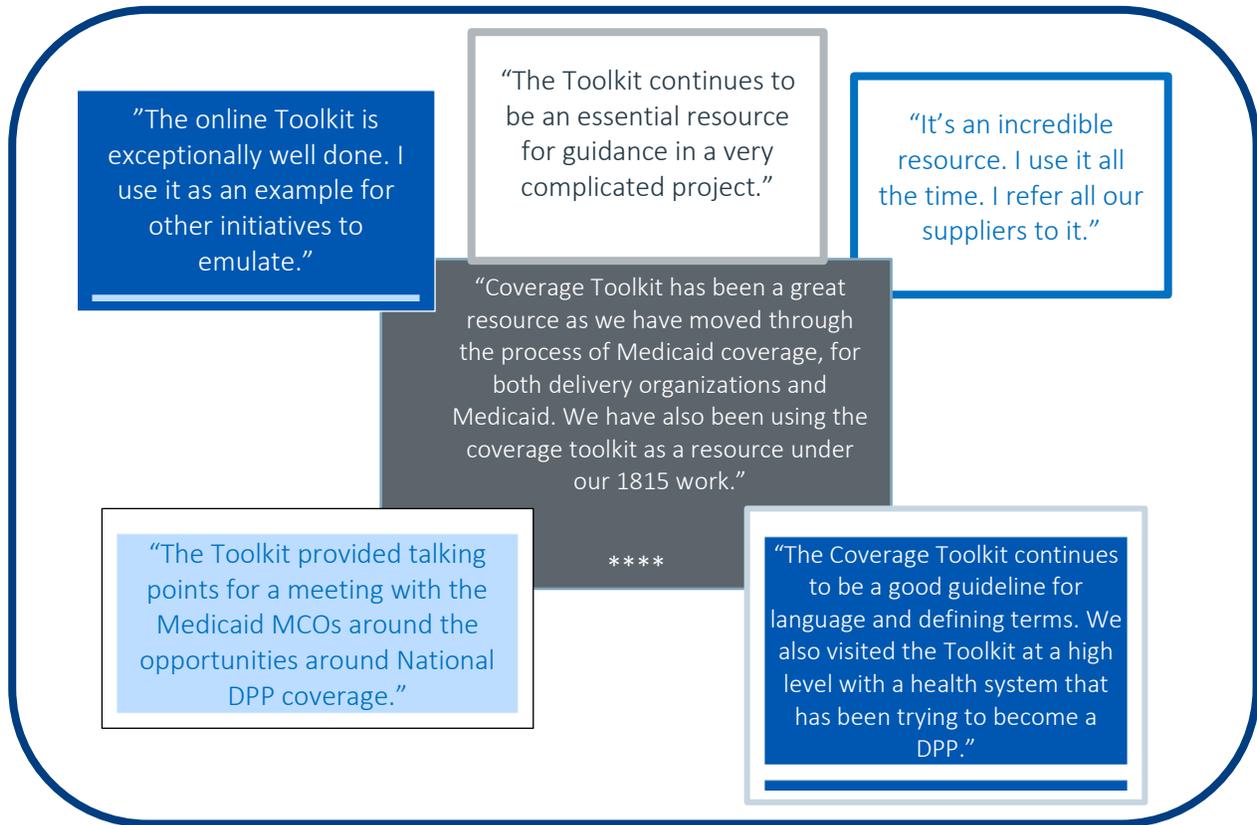
## Coverage Toolkit Website Analytics and Usage



Context:

- Baseline numbers are based on ~4 years of data. All other columns correspond with quarterly reporting in year four (8/1/21 – 7/31/22) of a five-year cooperative agreement between CDC and NACDD
- Toolkit Users are calculated for all who have initiated at least one session and could include return visitors using different devices or those who have cleared their cookies

### Recent Feedback from Toolkit Users:



**For feedback or questions** related to the National DPP Coverage Toolkit, please email [coveragetoolkit@chronicdisease.org](mailto:coveragetoolkit@chronicdisease.org) or visit <https://coveragetoolkit.org/contact-us/>

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