



# National Diabetes Prevention Program Coverage Toolkit

## Quarterly Bulletin:

### Real solutions from policy to payment

Welcome to the second quarterly National Diabetes Prevention Program (National DPP) Coverage Toolkit Bulletin of 2023. This bulletin is released every three months (in February, May, August, and November), and includes a synopsis of the new content that has been published on the National DPP [Coverage Toolkit](#) (the Toolkit) as well as key highlights that demonstrate the impact on its readership. Toolkit updates are developed in alignment with our partners' technical assistance needs, focusing on the information partners need to plan for, operationalize, and sustain payer coverage for the National DPP lifestyle change program.

Here is a summary of Toolkit content updates and analytics from the past quarter, February – April 2023.

### Updated Content and New Features

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#### New Pages

Two new pages were added to the Toolkit this quarter. The first is the [Engaging Pharmacists](#) page, which features guidance and resources for state health departments and individuals who would like to encourage pharmacists to engage with the National DPP lifestyle change program.

*Main menu bar Sustainability → Engaging Pharmacists*

The second new page is the [Ohio State Story](#), which describes how Medicaid reimbursement for the National DPP lifestyle change program was achieved in Ohio.

*Main menu bar Medicaid → Medicaid Coverage → State Stories → Ohio*

#### Health Equity Pages

The suite of [Health Equity](#) pages have been updated throughout, including the following notable updates:

- The is now the [Leveraging State and National Health Equity Initiatives](#) page (formerly titled *Connecting the National DPP Lifestyle Change Program to State and National Health Equity Initiatives*) features several new national and state health equity initiative examples.
- The Addressing Health Related Social Needs (HRSN) Through the National DPP Lifestyle Change Program (formerly titled *the Connection Between the National DPP Lifestyle Change Program and Addressing HRSN*) page has a new section called Health Equity and COVID-19.

*Main menu bar Sustainability → Health Equity*

#### Quality Metrics Page

The [Quality Metrics](#) page, recently overhauled with updated information, describes how metrics are linked to accountability and can lead to improvements in health outcomes. Review these new sections to understand how the National DPP can be used by health plans and health care systems to meet their goals:

- 1) Development of Prediabetes Quality Measures
- 2) Medicare MACRA QPP Improvement Activities

- 3) NCQA Health Plan Accreditation: Population Health Management
- 4) State Quality Strategies
- 5) Current BMI-Focused Measures
- 6) USPSTF Recommendations

*Main menu bar The National DPP → Quality Metrics*

## UHA Pages

[UHA Overview Page](#) – The [UHA Landscape Analysis](#), a tool to help assess the rate of prediabetes and the National DPP context in a service area, and the [UHO Checklist](#), a tool that helps UHOs create a work plan for the administrative activities that are needed to develop and sustain a UHA, were updated to reflect the most current versions. The [UHA Resource Guide](#) was also updated.

[UHA Business Model Page](#) – This page was updated to include the most recent version of the [UHA Cost Study](#).

*Main menu bar Sustainability → Umbrella Hub Arrangements*

## Recruitment and Referral

On the [Recruitment & Referral](#) page, a new section on [Participant Readiness](#) was added, which includes Participant Readiness Assessment examples from the Diabetes Training and Technical Assistance Center ([DTTAC](#)) and from two state health departments: [Montana](#), and [Iowa](#). The [CDC Recruitment and Promotional Materials Catalogue](#) was also added to the [Recruitment and Referral](#) as well as the [Communicating and Promoting the benefit](#) page.

Additionally, NACDD, the American Medical Association (AMA), and CDC produced three videos to encourage health care teams to work together and with their patients to identify prediabetes and increase referrals to the National DPP lifestyle change program. The videos were added to various Toolkit pages, including the [Recruitment & Referral](#) page. These videos include:

1. [Team-Based Care: Clinical Care Management and the National DPP](#)
2. [Team-Based Care: Clinical Care Team Roles and Responsibilities for Diabetes Prevention](#)
3. [Clinical Care: Prediabetes Identification and Treatment](#)

*Main menu bar Medicaid → Delivery → Recruitment & Referral*

## MDPP Implementation Resources Page

The [MDPP Implementation Resources](#) page now includes seven new resources.

1. On the Billing and Claims tab, a new resource titled [Working with a Billing Vendor to Refine Electronic Health Record \(EHR\) Billing Processes for MDPP](#) was added.
2. On the Working with MA Plans tab, the [MDPP and Medicare Advantage \(MA\) Plan webinar](#) was added.
3. The [MDPP Expanded Model PHE Flexibilities FAQ](#) was included as a resource on the MDPP During the PHE tab.
4. The Populations of Focus tab now includes two new webinars:
  - [Scaling MDPP with Populations of Focus Informational Webinar: Hispanic, Latino/a, and Spanish-Origin Populations](#) and the accompanying [summary resource](#).
  - [Scaling the MDPP with Populations of Focus Informational Webinar: Men, Dual Eligible, and People Living with Disabilities](#) (accompanying summary resource coming soon).
5. The Additional Resources tab now features the [MDPP Capacity Assessment](#).

- The Referrals tab was updated to include Parts [1](#) and [2](#) of the Creating Electronic Medical Records (EMR) Referral Pathways for the MDPP Informational Webinar with its accompanying [summary resource](#).

*Main menu bar Medicare → MDPP Implementation Resources*

### Participating Payers

The [Participating Payers](#) page was updated to reflect current knowledge of payer and employer coverage for the National DPP lifestyle change program.

*Main menu bar Participating Payers*

### Curriculum

On the [Curriculum](#) page, Palau is the newest curriculum to be added to the page.

*Main menu bar The National DPP → Curriculum*

### Medicaid Case for Coverage

On the [Medicaid Case for Coverage](#) page, a new section titled, “Functional Units within Medicaid” was added. This section provides general descriptions of the sections or units or departments typically found within a state’s Medicaid agency to help state health departments and their partners know who to connect with in Medicaid.

*Main menu bar Medicaid → Case for Coverage*

### State Stories

[New York State Story](#) – The New York State Story was updated to emphasize that the State Plan Amendment (SPA) allowed for the creation of a new provider type that permits CDC-recognized organizations to enroll as Medicaid providers.

[Oregon State Story](#) – The Oregon State Story was updated and now features the [Current State of the National Diabetes Prevention Program Oregon Health Plan Benefit Cost Study](#).

*Main menu bar Medicaid → Medicaid Coverage → State Stories*

### Commercial Coverage in Practice

On the [Commercial Coverage in Practice](#) page, an additional case study was added for the [University of Colorado](#) in the Examples of Employers and Commercial Plans Covering the Program section.

*Main menu bar Commercial → Coverage in Practice*

### 1115 Waivers

On the [1115 Waivers](#) page, the Oregon example was updated to reflect the state’s waiver extension to September 2027.

*Main menu bar Medicaid → Medicaid Coverage → 1115 Waivers*

### Evidence

On the [Evidence](#) page, the journal article [Translating the Diabetes Prevention Program into American Indian and Alaska Native Communities](#) was added.

*Main menu bar The National DPP → Evidence*

## Using This Site

On the [Using This Site](#) page, accessibility language was added with an email to contact if materials are needed in a different format.

*Main menu bar Home → Using This Site*

## Various Pages

Three project planning templates were added to the Coverage Toolkit. The templates are customizable “at-a-glance” documents to organize, track, and share activities related to the following topics:

1. The [Case for Coverage Project Planning Template](#) was created to track activities related to building the case for Medicaid coverage of the National DPP lifestyle change program. It has been added to the [Medicaid Case for Coverage](#) page.
2. The [MCO/Value-Based Care \(VBC\) Project Planning Template](#) was created for activities related to an MCO or VBC organization pilot or offering of the National DPP lifestyle change program. It has been added to the [MCO Coverage](#) page.
3. The [UHA Project Planning Template](#) is intended for UHA planning and implementation within state Medicaid and with Medicaid MCOs. It was added to the [UHA Overview](#) page.

Finally, the [CMS MDPP Findings at a Glance Report](#) was added to the [Evidence](#) and [MDPP Basics](#) page.

Various pages were also updated to optimize images and tables for mobile devices throughout the Toolkit.

## Coming Soon! Updates and New Resources in the Works

- Elevator Pitches for different payer types will be added to the Toolkit.
- An MDPP project planning template will be developed and featured on the MDPP Implementation Resources page.
- Additional information will be added to the UHA Sustainability page.
- A new page will be added that describes how the National DPP lifestyle change program can be covered in carceral settings.
- A new [State Story of Medicaid Coverage](#) will be added to the existing ten stories on the Toolkit.

# National DPP Coverage Toolkit Website Analytics

**126,082** Total Users Since Launch (6/22/17-4/30/23)

## Impact and Use

“The sample agreements, prospective contract components, and the data measure examples have been critical to understand the necessary legal and process components that need to be considered to create the NDPP coverage mechanism that can be scaled with other MCOs or ACOs.”

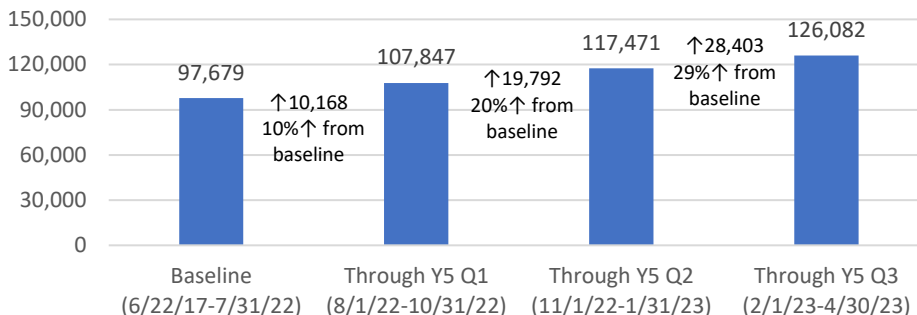
“The Coverage Toolkit is a tremendous asset for understanding different approaches to sustain National DPP.”

“The cost estimate document published in January was very helpful for laying out cost structures and how UHAs can be sustained long-term.”

“We continue to use the Coverage Toolkit to guide policy and access resources for programs and when talking to partners regarding scaling and sustaining the National DPP.”

“We have found the information on building a hub umbrella organization, FQHCs, pharmacists, and building capacity to be especially helpful. Our state team has already received positive feedback from the FQHCs, pharmacy and chiropractor trade groups.”

### National DPP Coverage Toolkit Users



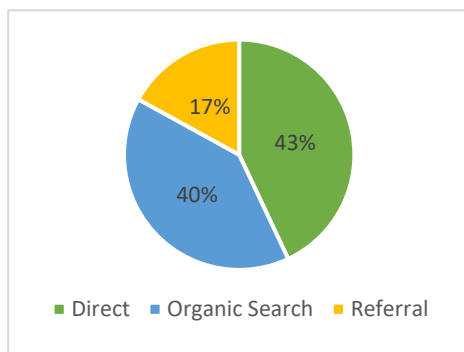
### Pageviews- 26,457 views (2/1/23-4/30/23)

Most Viewed Pages/Sections	#	%
Homepage	4,300	16.3%
About National DPP/ National DPP Overview	1,657	6.3%
National DPP/ Curriculum	1,539	5.8%
Medicare/MDPP Basics	1,187	4.5%
Participating Payers	1,138	4.3%

### PDFs Viewed - 1,701 views (2/1/23-4/30/23)

Most Viewed PDFs	#	%
CMS MDPP Payment Rates	67	3.9%
UHA One-Pager	51	3.0%
UHO Checklist	50	2.9%
UHA FAQ	48	2.8%
Budget Projection Template Instructions/ Medicaid Version	46	2.7%

### How Users Access the Toolkit (2/1/23-4/30/23)



Referral users click on a link to [coveragetoolkit.org](https://coveragetoolkit.org) from external websites:

Referral Source Website	#
CDC.gov	831
<a href="https://nationaldppcsc.cdc.gov">nationaldppcsc.cdc.gov</a>	345
<a href="https://diabetes.org">diabetes.org</a>	120
<a href="https://amapreventdiabetes.org">amapreventdiabetes.org</a>	92
<a href="https://chronicdisease.org">chronicdisease.org</a>	67

**For feedback or questions** related to the National DPP Coverage Toolkit, please email [coveragetoolkit@chronicdisease.org](mailto:coveragetoolkit@chronicdisease.org) or visit <https://coveragetoolkit.org/contact-us/>

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