The National DPP is a partnership of public and private organizations working to build a nationwide delivery system for a lifestyle change program proven to prevent or delay onset of type 2 diabetes in adults with prediabetes. The National DPP provides a framework for type 2 diabetes prevention efforts in the U.S. founded on four key pillars: 1) a trained workforce of lifestyle coaches, 2) national quality standards supported by the CDC Diabetes Prevention Recognition Program, 3) a network of program delivery organizations sustained through coverage, and 4) participant referral and engagement. Additional information on the National DPP is available at https://www.cdc.gov/diabetes/prevention/index.html and https://nationaldppcsc.cdc.gov/s. CDC and NACDD have prioritized increased enrollment among priority populations, noting that recent demographic data from an assessment on enrollment in the National DPP show room for improvement in reaching these populations.

**GOALS**

1. Significantly increase enrollment in both the National DPP lifestyle change program and MDPP in five states.
2. Achieve higher capacity through innovative partnership models, committed individuals, and organizational champions working in a synchronized effort.
3. Achieve specific enrollment goals for the general population and varied populations of focus among the Bright Spot states.
4. Track and share progress from August 2022 through July 2023.

**OUTLOOK**

- Reach the goal of significantly increased enrollment (collective enrollment goal ~5400) in the National DPP and MDPP.
- Improved models for multisectoral partnership sustainability and participant retention.

**INTRODUCTION**

A key factor in reducing risks and promoting health equity for populations at risk of developing type 2 diabetes is increasing enrollment in the National Diabetes Prevention Program (National DPP) lifestyle change program and Medicare Diabetes Prevention Program (MDPP).

The NACDD/CDC State Engagement Model has applied the collective impact approach toward these efforts since 2012, and it has progressed as the National DPP Bright Spot Initiative in 2022.

The Bright Spot Initiative provides an opportunity for five states to receive:
1. Funding to support a backbone organization and state-specific Bright Spot Project work plan activities;
2. Peer-to-peer learning; and
3. Technical assistance from the CDC’s Division of Diabetes Translation, Leavitt Partners, and NACDD.

**MODEL**

- Backbone organization
- Collective impact
- Centering health equity strategies
- Innovative approaches for increasing enrollment

**BACKGROUND**

1. Significantly increase enrollment in both the National DPP lifestyle change program and MDPP in five states.
2. Achieve higher capacity through innovative partnership models, committed individuals, and organizational champions working in a synchronized effort.
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**GOALS**

- Reach the goal of significantly increased enrollment (collective enrollment goal ~5400) in the National DPP and MDPP.
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**OUTLOOK**

**PRIORITY POPULATIONS**

**KANSAS**

Kansas State Employee Health Benefit Plan Members

**MICHIGAN**

Black adults in metro Detroit

**MISSOURI**

Adults 45+ with a focus on African American and Hispanic populations and Medicare eligible age groups in the St. Louis Regions

**UTAH**

Medicaid Recipients

**WISCONSIN**

Asian adults age 35 to 85, Adult men 35 years and older, Asian adults, Adults age 65+, Hispanic, Black/AA, Asian, Native American Adults, Hispanic Adults, Hispanic, Black AA Adults

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