

## Capacity Assessment: Is Our State Ready for the Bright Spot Project?

Use this form to assess your state's **capacity and readiness** to implement the National Diabetes Prevention Program (National DPP) Bright Spot Project.

The purpose of a Bright Spot project is to advance health equity through shared learning and integrated actions to achieve population and systems-level change for diabetes prevention. The objective is to significantly increase enrollment in the National Diabetes Prevention Program (National DPP) lifestyle change program and Medicare Diabetes Prevention Program (MDPP) in high-capacity states.

State health departments leverage the CDC/National Association of Chronic Disease Directors State Engagement Model and centering equity in collective impact framework by identifying and funding a backbone organization, using multisectoral partner networks, establishing enrollment goals, and implementing a work plan of activities for adults in priority populations at high-risk for developing type 2 diabetes.

### Instructions

1. For each statement below, check the box if the statement is *currently true* of your state's situation.
2. Provide comments if needed to briefly describe your selection.
3. Total your score. Use the scoring instructions at the end of the document to determine next steps.

Category	Statement	Comments (optional)
<b>A. Partnerships</b>	<input type="checkbox"/> 1. The State Health Department has identified a backbone organization that has the ability to engage and bring key partners together in a formal commitment to solving complex problems and advancing diabetes prevention by increasing enrollment in the National DPP lifestyle change program. Refer to the <i>Backbone Organization Roles and Responsibilities</i> document.  <input type="checkbox"/> 2. Our state and its partners demonstrate a willingness to work together in a collective impact approach to advance enrollment with our existing infrastructure and supply to meet the demands for diabetes prevention.	
<b>B. Mission Alignment</b>	<input type="checkbox"/> 3. The state and/or backbone organization will identify whether our partners' visions and missions align with the need to reduce the risks for type 2 diabetes, especially in the current context of population health from the pandemic.	

	<ul style="list-style-type: none"> <li><input type="checkbox"/> 4. Our partners demonstrate a determination and urgency to reduce health disparities and improve equity so there is greater access to the National DPP lifestyle change program and enrollment among priority populations.</li> <li><input type="checkbox"/> 5. Our leadership is motivated to ramp up innovative strategies and approaches to dramatically increase enrollment and retention in the National DPP and the MDPP.</li> <li><input type="checkbox"/> 6. Our partners are committed to providing opportunities and support to sustain the National DPP, such as through an Umbrella Hub Arrangement, MDPP suppliers, and distance or online programming.</li> </ul>	
<b>C. Infrastructure</b>	<p>Our state has the existing infrastructure that could be aligned to increase enrollment and retention, including:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 7. strong partnership networks and support,</li> <li><input type="checkbox"/> 8. robust campaigns to increase prediabetes awareness,</li> <li><input type="checkbox"/> 9. availability of CDC-recognized organizations offering the National DPP lifestyle change program,</li> <li><input type="checkbox"/> 10. availability of MDPP suppliers offering the MDPP,</li> <li><input type="checkbox"/> 11. track record of enrollment and retention including serving priority populations,</li> <li><input type="checkbox"/> 12. health system capacity to identify and refer people with prediabetes, and</li> <li><input type="checkbox"/> 13. public/private payer coverage</li> </ul>	
<b>D. Culture of Learning</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 14. Our leadership team members have an interest in learning what other states and their partners are doing and applying these lessons learned to take the National DPP and the MDPP to the next level.</li> </ul>	
<b>E. Resources Needed</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 15. Additional funding would help support a backbone organization to lead this work and coordinate partners in working toward a common goal of increasing enrollment.</li> <li><input type="checkbox"/> 16. Our state and partners would benefit from access to the tools to assist a collective impact approach and increased enrollment such as partner engagement and</li> </ul>	

	commitment, marketing and awareness campaigns, recruitment efforts, tracking data, and reporting progress.	
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## Instructions for Scoring the Capacity Assessment and Determining What's Next:

\_\_\_\_ Total number of checked boxes

**Higher capacity [13 or more boxes]:** Your state has demonstrated the capacity and preparation needed to successfully implement the Bright Spot Project. We encourage you to complete the qualifications statement and develop a project work plan.

**Moderate capacity [10 to 12 boxes]:** Your state is on its way but has some gaps in preparation before a Bright Spot Project could be successful. Consider areas for improvement, set short-term goals, and assess whether you will be able to achieve them before the project begins. When you complete the qualifications statement, describe how you plan to make these improvements.

**Lower capacity [9 or fewer boxes]:** Your state is likely not ready to implement a Bright Spot Project at this time. We encourage you to use the checklist to identify areas for building capacity. We recommend reaching out to your NACDD Technical Assistance Provider or your CDC Project Officer to initiate a discussion about other offerings that may support you in capacity building.

This document was adapted from North Carolina's Diabetes Self-Management Education and Support Capacity Assessment.

If you require this document in an alternative format, such as larger print or a contrasted background, please contact NACDD's Communications Department at [publications@chronicdisease.org](mailto:publications@chronicdisease.org).

Alternate formats can be made available within two weeks of a request.

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