

National Diabetes Prevention Program Coverage Toolkit

Quarterly Bulletin:

Real solutions from policy to payment

Welcome to the first quarterly National Diabetes Prevention Program (National DPP) Coverage Toolkit Bulletin of 2024. This bulletin is released every three months (in February, May, August, and November), and includes a synopsis of the new content that has been published on the [National DPP Coverage Toolkit](#) (the Toolkit) as well as key highlights that demonstrate the impact on its readership. Toolkit updates are developed in alignment with our partners' technical assistance needs, focusing on the information partners need to plan for, operationalize, and sustain payer coverage for the National DPP lifestyle change program.

Here is a summary of Toolkit content updates and analytics from the past quarter, November 2023 – January 2024.

Updated Content and New Features

New Toolkit Features

The [Home page](#) of the Toolkit has been reorganized and given an updated look. A revolving menu that features new or updated pages as well as clickable tiles that take a user to the various sections of the Toolkit are new features on the Home page, shown below.

Revolving Menu

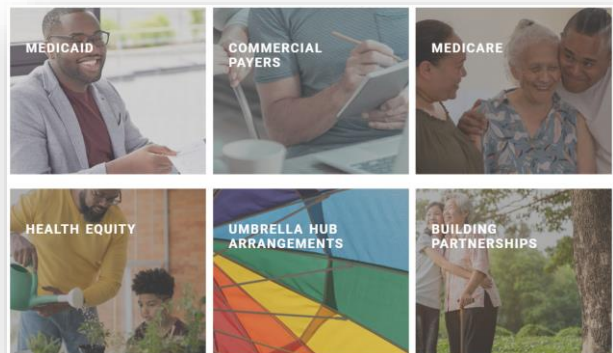


Who Covers the National DPP Lifestyle Change Program?

Find out which states cover the program in Medicaid, and see employers and commercial health plans that are covering the program.

[READ MORE](#)

Section Tiles



MEDICAID

COMMERCIAL PAYERS

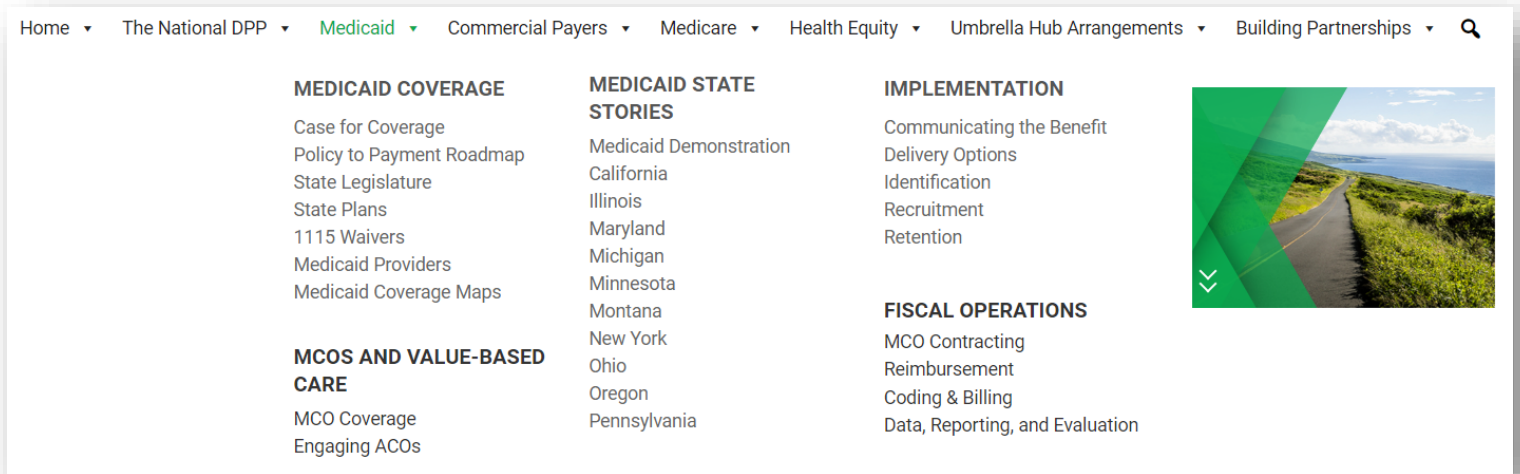
MEDICARE

HEALTH EQUITY

UMBRELLA HUB ARRANGEMENTS

BUILDING PARTNERSHIPS

Additionally, the main menu on the Toolkit has been updated to include enhanced dropdown menus for each of the Toolkit sections. All pages and subpages within a section can now be seen when hovering over the section title. An image of the new dropdown menu for Medicaid is included below.



You may also notice that some sections of the Coverage Toolkit have been reorganized or renamed. For example, the managed care organization (MCO) resources are all now within the Medicaid section, rather than being a separate section. Additionally, the Sustainability section has been renamed Building Partnerships.

Evidence

The [Evidence](#) page was updated to include three new resources under the Evaluation section:

- [Enrollment Characteristics and Results for Adults Aged 18-44 in the National DPP](#): This CDC analysis examined the characteristics of individuals aged 18-44 who enroll in the National DPP lifestyle change program, as well as some of the outcomes associated with this subgroup of participants. Results highlight the opportunity to develop strategies focused on supporting younger adults to enroll in and complete the National DPP lifestyle change program.
- [Effect of Organization Type on Priority Population Outcomes in the National DPP](#): This CDC analysis examined data from 624,422 lifestyle change program participants to determine the impact of CDC-recognized organization type, including community centers, higher education, government, health care providers, and for-profit/insurers on people who are at increased/higher risk for type 2 diabetes. Results indicate that certain types of organizations might better serve priority populations with respect to reducing their risk of developing type 2 diabetes.
- [Impact of Participant Characteristics on Weight Loss in the National DPP \(2012-2021\)](#): This CDC analysis assessed the association between lifestyle change program participant characteristics (demographics and type of program enrolled in) and achieving the 5% weight loss goal. Results of this analysis indicate that participant characteristics, such as racial/ethnic group or age, strongly impact whether someone meets the program weight loss goal. Program delivery strategies tailored to specific populations could be effective in helping participants achieve programmatic goals.

Main menu bar National DPP → Evidence

The Role of the State Legislature in Medicaid Coverage

[The Role of the State Legislature in Medicaid Coverage](#) page now includes two examples from Idaho and Ohio showing how a state can use an administrative rule change to move towards Medicaid coverage for the National DPP lifestyle change program.

Main menu bar Medicaid → Medicaid Coverage → State Legislature

Wisconsin State Story

A new state story page has been added for [Wisconsin](#) that features information about how the Wisconsin Department of Health Services (DHS) Chronic Disease Prevention Program (WI CDP) and the Division of Medicaid Services (DMS) have worked together and participated in technical assistance opportunities and pilot programs to prepare for Medicaid coverage for the National DPP lifestyle change program.

Main menu bar Medicaid → State Stories → Wisconsin

MCO Contracting

The [MCO Contracting](#) page was updated to include a new Credentialing CDC-Recognized Organizations section. Included in the section is information about understanding credentialing as well as credentialing considerations for State Medicaid agencies, MCOs, CDC-recognized organizations, and umbrella hub organizations (UHOs).

Main menu bar Medicaid → Fiscal Operations → MCO Contracting

Coding and Billing

The [Coding and Billing](#) page was updated to include a paragraph about ICD-10 codes for the Prediabetes Risk Test.

Main menu bar Medicaid → Fiscal Operations → Coding and Billing

Medicare Diabetes Prevention Program (MDPP) Basics

The [MDPP Basics](#) page was updated to include a new [MDPP Orientation video](#) in the MDPP Supplier Eligibility and Enrollment section. The video provides overview information about the MDPP for those interested in becoming an MDPP supplier.

Main menu bar Medicare → MDPP Basics

MDPP Implementation Resources

The new MDPP Business Tools were added to the [MDPP Implementation Resources](#) page:

- [MDPP Revenue Projection Tool](#): This online interactive tool can be used by existing or potential MDPP suppliers to estimate the revenue from eligible beneficiaries that are projected to enroll in the MDPP, estimate beneficiary referral to enrollment conversion rates, and estimate revenue for budgetary planning.
- [MDPP Capacity Assessment Tool](#): This tool helps CDC-recognized organizations assess their capacity and readiness to become an MDPP supplier. Additionally, existing MDPP suppliers can use the tool to identify gaps and need to increase capacity.
- [MDPP Enrollment Planning Template](#): This tool can help MDPP suppliers create individualized program plans to increase beneficiary enrollment. The template can be used to set and track

referral and enrollment goals, and to engage leadership around needed support and future planning.

Additionally, a new tab was added to the tabbed table in the MDPP Webinars and Resources section titled “Potential New MDPP Suppliers”. Featured on the tab are resources for organizations considering becoming an MDPP supplier or for new MDPP suppliers.

Main menu bar Medicare → MDPP Implementation Resources

Disability and Inclusion

A new [Disability and Inclusion](#) page was added to the [Health Equity](#) section of the Toolkit. The new page defines inclusion related to working with those with disabilities, spotlights organizations that are leading the way, and provides resources to help organizations develop inclusive National DPP lifestyle change programs.

Main menu bar Health Equity → Priority Populations → Disability and Inclusion

Engaging Federally Qualified Health Centers (FQHCs)

The [Engaging FQHCs](#) page now features examples from Illinois and New York state showing how the National DPP lifestyle change program can be reimbursed through the prospective payment system (PPS). Information can be found in the tabbed table in the “How Can FQHCs Support the National Diabetes Prevention Program” section of the page.

Main menu bar Building Partnerships → FQHCs

Various Pages

Updates were made to multiple pages of the Coverage Toolkit, including:

- The Coverage Toolkit was updated to reflect the new [MDPP payment rates](#) included in the Centers for Medicare & Medicaid Services (CMS) 2024 Physician Fee Schedule (PFS). The areas of the Coverage Toolkit that were updated include:
 - The [MDPP Basics](#), [MDPP Implementation Resources](#), [Reimbursement Models for Medicaid Agencies and MCOs](#), and [Reimbursement Models for Commercial Payers](#) pages
 - The [Medicaid Budget Projection Template Instructions](#) and the [Commercial Budget Projection Template Instructions](#)
- The [MCO Phone Call Script for Outreach to Medicaid Beneficiaries](#) was added to the [Communicating and Promoting the Benefit](#) page in the Participant Communication section as well as on the [Medicaid Recruitment](#) page in the Recruitment Resources section. The document gives example language for an MCO or other partner to perform initial outreach about the National DPP lifestyle change program to Medicaid beneficiaries identified with prediabetes or at high risk for developing type 2 diabetes.
- A new [Toolkit tutorial video](#) that gives a brief orientation to the Coverage Toolkit was added to the [Home](#) and [Using This Site](#) pages.
- Videos from CDC featuring the experiences of six different program participants were added to the [Communicating and Promoting the Benefit](#) page in the Participant Communication section as well as on the [Medicaid Recruitment](#) page in the Recruitment Resources section.

For feedback or questions related to the National DPP Coverage Toolkit, please email coveragetoolkit@chronicdisease.org or visit <https://coveragetoolkit.org/contact-us/>

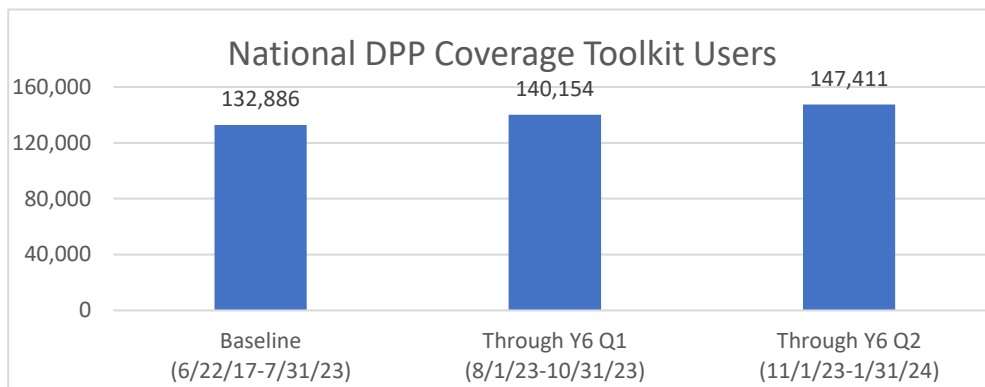
The Building Capacity for Public and Private Payer Coverage of the National DPP Lifestyle Change Program project is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$4.3 million for grant year 5 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.

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If you require this document in an alternative format, such as large print or a colored background, contact the Communications and Member Services Department at publications@chronicdisease.org. Alternate formats can be made available within two weeks of a request.

National DPP Coverage Toolkit Website Analytics

147,411 Total Users Since Launch (6/22/17-1/31/24)



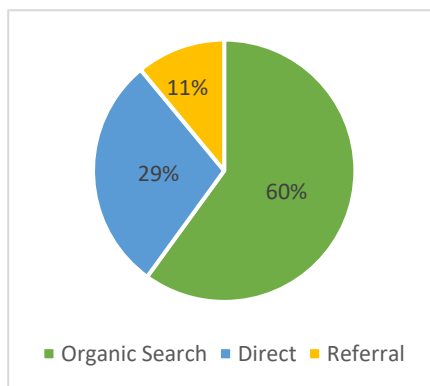
Pageviews- 33,676 views (11/1/23-1/31/24)

Most Viewed Pages/Sections	#	%
Homepage	3,217	10.0%
Participating Payers	1,893	6.8%
National DPP/ Overview	1,154	4.1%
National DPP/ Curriculum	946	3.4%
Coding and Billing for the National DPP	808	2.9%

File Downloads - 1,573 files (11/1/23-1/31/24)

Most Downloaded PDFs	#	%
Health Equity Modifiable Slide Deck	49	3.1%
CMS Calendar Year MDPP Payment Rates	45	2.9%
MDPP Supplier Road Map- Overview of MDPP Supplier Journey	42	2.7%
MDPP: Preparing to Enroll as an MDPP Supplier	40	2.5%
Umbrella Hub Arrangements One-Pager	39	2.5%

How Users Access the Toolkit (11/1/23-1/31/24)



Referral users click on a link to coveragetoolkit.org from external sources:

Referral Source Website	#
CDC.gov	236
nationaldppcsc.cdc.gov	207
chronicdisease.org	48
amapreventdiabetes.org	42
Links from presentations and documents	34
chronicdisease.org	31

Impact and Use

"The Toolkit resources have been helpful by providing us with additional resources to direct the MCO and the DPP provider to for further information."

"The Coverage Toolkit is an incredibly rich and up-to-date resource. We reference this document regularly, particularly the "Medicaid," "MCO," and "Sustainability" sections. These serve as wonderful references and turnkey resources we can use both in our own planning and discussions and DPP partners can use as well."

"We are using the Summary Reimbursement Table as we try to make the case for a higher rate of Medicaid reimbursement. This kind of clear visual table that can be processed with a pretty quick glance is very helpful."

"The Toolkit is an ongoing, usable resource for us."

"Visits to the Coverage Toolkit occur regularly for UHA and other sustainability approaches. Great resource."

"We visit the National DPP Coverage Toolkit on a regular basis as it has a great deal of information to support reimbursement work. It's a great resource!"